Regions Day 2 @ Kincaid

46067

Freestyle Race | 3 km | Host:

Place	Bib	Name	time	School	Overall	Time behind winner	Percent Out	Min/km
	Boys A							
1	27:18.9	South						
2	27:51.2	Service						
3	29:32.1	West High						
4	31:18.6	Dimond						
5	33:00.2	Chugiak						
6	34:02.2	Eagle River						
7	35:36.2	East						
1	21	Jack Leveque	06:33.2	Service	1	0	-2.2	02:11.0
2	22	Grayson Stanek-Alward	06:44.7	South	2	00:11.5	0.7	02:14.9
3	22	Braxton Thornley	06:47.9	South	3	00:14.7	1.5	02:15.9
4	22	Vebjorn Flagstad	06:50.8	South	4	00:17.6	2.2	02:16.9
5	21	Elias Oswald	06:54.4	Service	5	00:21.2	3.1	02:18.1
6	22	Ethan Elliot	06:55.3	South	6	00:22.1	3.3	02:18.4
7	24	Finn Dudley	06:55.9	West High	7	00:22.7	3.5	02:18.6
8	21	Freedom Bennett	07:08.8	Service	11	00:35.6	6.7	02:22.9
9	26	Atlas Payne	07:09.9	Eagle River	12	00:36.7	7.0	02:23.2
10	21	Josiah Sheldon	07:14.7	Service	14	00:41.5	8.2	02:24.9
11	24	Talven Wigglesworth	07:26.9	West High	16	00:53.7	11.2	02:28.9
12	24	Atilin Frederick	07:33.2	West High	17	01:00.0	12.8	02:31.0
13	24	Elias Williams	07:35.9	West High	19	01:02.7	13.4	02:31.9
14	23	Liam Cleary	07:36.7	East	20	01:03.5	13.6	02:32.2
15	27	Tate Skinner	07:37.2	Dimond	21	01:04.0	13.8	02:32.4
16	27	Creed Cvancara	07:41.7	Dimond	24	01:08.5	14.9	02:33.8
17	25	Nash Smedly	07:48.4	Chugiak	28	01:15.2	16.5	02:36.1
18	27	Cade McGinley	07:53.2	Dimond	29	01:20.0	17.7	02:37.7
19	25	Kohen Galloway	07:55.3	Chugiak	30	01:22.1	18.3	02:38.4
20	27	Denis Prosser	08:06.4	Dimond	34	01:33.2	21.0	02:42.1
21	23	Leif Mowery	08:21.7	East	39	01:48.5	24.8	02:47.2
22	26	Leif Konrath-Bera	08:25.6	Eagle River	40	01:52.4	25.8	02:48.5
23	25	Christian Kies	08:37.8	Chugiak	45	02:04.6	28.8	02:52.5
24	25	Henry Ivary	08:38.5	Chugiak	46	02:05.3	29.0	02:52.8
25	26	Tucker Nakken	08:40.5	Eagle River	47	02:07.3	29.5	02:53.5
26	26	Shon Hargis	09:46.0	Eagle River	84	03:12.8	45.8	03:15.3
27	23	Brazos Owens	09:46.2	East	85	03:13.0	45.8	03:15.4
28	23	Soren Thomas	09:51.5	East	91	03:18.3	47.2	03:17.1

Regions Day 2 @ Kincaid

46067

Freestyle Race | 3 km | Host:

Place	Bib	Name	time	School	Overall	Time behind winner	Percent Out	Min/km
	Boys B							
1	28:27.3	South						
2	32:45.8	West High						
3	33:03.9	Service						
4	33:19.3	Dimond						
5	37:32.0	Eagle River						
6	40:18.3	Chugiak						
7	40:48.1	Barteltt						
1	29	Owen Harth	06:57.0	South	8	00:23.8	3.7	02:19.0
2	29	Aksel Flagstad	06:58.8	South	9	00:25.6	4.2	02:19.6
3	29	Ethan Styvar	07:08.5	South	10	00:35.3	6.6	02:22.8
4	29	Kevin Downs	07:22.8	South	15	00:49.6	10.2	02:27.6
5	28	Zachary Day	07:39.9	Service	22	01:06.7	14.4	02:33.3
6	30	Hollis Crosby	07:41.8	West High	25	01:08.6	14.9	02:33.9
7	34	Kodiak Coleman	07:45.4	Dimond	26	01:12.2	15.8	02:35.1
8	30	William McMahan	07:56.8	West High	32	01:23.6	18.6	02:38.9
9	28	Liam Yager	08:04.6	Service	33	01:31.4	20.6	02:41.5
10	30	Ethan Gheen	08:12.0	West High	35	01:38.8	22.4	02:44.0
11	34	Cameron Posey	08:16.9	Dimond	37	01:43.7	23.6	02:45.6
12	28	Joshua Efta	08:33.0	Service	43	01:59.8	27.6	02:51.0
13	34	Matteo Besh-Halsey	08:33.0	Dimond	44	01:59.8	27.6	02:51.0
14	34	Maksim Millwood	08:43.8	Dimond	48	02:10.6	30.3	02:54.5
15	28	Liam Cuddy	08:46.2	Service	52	02:13.0	30.9	02:55.4
16	30	Rowan Shearer	08:55.0	West High	57	02:21.8	33.1	02:58.3
17	33	Gabriel Duffy	09:01.8	Eagle River	61	02:28.6	34.8	03:00.6
18	33	Paul Peterson	09:20.0	Eagle River	70	02:46.8	39.3	03:06.6
19	33	Timothy Duffy	09:26.7	Eagle River	72	02:53.5	41.0	03:08.9
20	31	Caden Grunst	09:27.8	Barteltt	73	02:54.6	41.3	03:09.2
21	32	Liam Stewart	09:29.9	Chugiak	74	02:56.7	41.8	03:09.9
22	33	Torq Mercer	09:43.4	Eagle River	82	03:10.2	45.1	03:14.4
23	32	Andrew Mehl	09:47.8	Chugiak	87	03:14.6	46.2	03:15.9
24	32	Quinn Urbanus	09:51.2	Chugiak	90	03:18.0	47.1	03:17.0
25	31	Justine Alejo	09:58.7	Barteltt	92	03:25.5	49.0	03:19.5
26	31	Elliott Drake	10:25.2	Barteltt	106	03:52.0	55.5	03:28.4
27	31	Thaddeus Greenwood	10:56.3	Barteltt	119	04:23.1	63.3	03:38.7
28	32	Maxim Macy	11:09.3	Chugiak	128	04:36.1	66.5	03:43.1

Regions Day 2 @ Kincaid

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Freestyle Race | 3 km | Host:

Place	Bib	Name	time	School	Overall	Time behind winner	Percent Out	Min/km
	Boys C							
1	30:14.6	South						
2	35:03.0	Service						
3	36:50.1	West High						
4	41:22.0	Dimond						
5	42:38.7	Eagle River						
6	42:58.9	Chugiak						
7	49:59.1	East						
1	36	Beck Harth	07:10.5	South	13	00:37.3	7.1	02:23.5
2	36	Lance Smtih	07:34.8	South	18	01:01.6	13.2	02:31.6
3	36	Rufus Hinks	07:41.6	South	23	01:08.4	14.8	02:33.8
4	36	Eli Zellmer	07:47.6	South	27	01:14.4	16.3	02:35.8
5	35	Tian Sandvik	08:20.0	Service	38	01:46.8	24.4	02:46.6
6	35	Eli Suver	08:28.2	Service	42	01:55.0	26.4	02:49.3
7	38	Sam Erickson	08:44.8	West High	50	02:11.6	30.6	02:54.9
8	35	Ammon Jeppson	08:57.6	Service	60	02:24.4	33.8	02:59.2
9	38	Samuel Temiz	09:04.9	West High	62	02:31.7	35.6	03:01.6
10	35	Owen Martin	09:17.1	Service	66	02:43.9	38.6	03:05.7
11	38	Truman Strauss	09:18.2	West High	67	02:45.0	38.9	03:06.0
12	41	Avery Driscoll	09:35.3	Dimond	75	03:02.1	43.1	03:11.7
13	41	Luke Gaskill	09:35.5	Dimond	76	03:02.3	43.2	03:11.8
14	38	Simon McMahon	09:42.1	West High	81	03:08.9	44.8	03:14.0
15	39	Carson Gates	09:59.5	Chugiak	93	03:26.3	49.2	03:19.8
16	40	Zachary Vedros	10:09.5	Eagle River	96	03:36.3	51.6	03:23.1
17	40	Simon Van Arsdale	10:19.1	Eagle River	99	03:45.9	54.0	03:26.3
18	37	Sage Pekar	10:48.6	East	114	04:15.4	61.4	03:36.2
19	39	Huntyr Borum	10:54.2	Chugiak	117	04:21.0	62.8	03:38.0
20	41	Dom Alfano	10:57.7	Dimond	121	04:24.5	63.6	03:39.2
21	40	Owen Morrow	10:58.7	Eagle River	122	04:25.5	63.9	03:39.5
22	39	Garett Chacon	10:58.9	Chugiak	123	04:25.7	63.9	03:39.6
23	39	Micah Wesley	11:06.2	Chugiak	127	04:33.0	65.7	03:42.0
24	40	Xander DeGroot	11:11.4	Eagle River	130	04:38.2	67.0	03:43.8
25	41	David Sears	11:13.4	Dimond	132	04:40.2	67.5	03:44.4
26	37	Christopher Jemison	12:29.6	East	153	05:56.4	86.5	04:09.8
27	37	Armi Miranda	13:13.9	East	163	06:40.7	97.5	04:24.6
28	37	Daniel Mukombozi	13:26.9	East	167	06:53.7	100.8	04:28.9

Regions Day 2 @ Kincaid

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Freestyle Race | 3 km | Host:

Place	Bib	Name	time	School	Overall	Time behind winner	Percent Out	Min/km
	Boys D							
1	34:50.3	South						
2	35:41.1	Service						
3	39:42.0	West High						
4	42:42.1	Eagle River						
5	43:36.5	Dimond						
6	46:23.0	Chugiak						
7	1:04:47.9	East						
1	52	Isaac Bonny	08:14.2	South	36	01:41.0	23.0	02:44.7
2	52	Haden Petrone	08:26.4	South	41	01:53.2	26.0	02:48.8
3	52	Isaak Pfisterer	08:44.7	South	49	02:11.5	30.5	02:54.9
4	51	Barret Malouf	08:45.1	Service	51	02:11.9	30.6	02:55.0
5	51	Daniel Sears	08:47.3	Service	53	02:14.1	31.2	02:55.7
6	51	Brady Tokar	08:55.8	Service	58	02:22.6	33.3	02:58.6
7	51	Carter Alsworth	09:12.8	Service	64	02:39.6	37.5	03:04.2
8	52	Zeke Johnson	09:25.0	South	71	02:51.8	40.6	03:08.3
9	54	Quinn Lester	09:39.7	West High	79	03:06.5	44.2	03:13.2
10	54	Malachi Temiz	09:41.7	West High	80	03:08.5	44.7	03:13.9
11	57	Bodhi Van Ravenswaay	09:44.4	Dimond	83	03:11.2	45.4	03:14.8
12	54	Wade Davis	10:01.3	West High	94	03:28.1	49.6	03:20.4
13	57	Demyan Baumgartner	10:18.3	Dimond	98	03:45.1	53.8	03:26.1
14	54	Jude Crumpacker	10:19.2	West High	100	03:46.0	54.1	03:26.4
15	56	Alexander Shuart	10:24.5	Eagle River	105	03:51.3	55.4	03:28.1
16	56	Mason Koontz	10:26.9	Eagle River	107	03:53.7	56.0	03:28.9
17	55	Mason Schroeder	10:30.9	Chugiak	108	03:57.7	57.0	03:30.2
18	56	Kellen Molloy	10:33.5	Eagle River	109	04:00.3	57.6	03:31.1
19	57	Jack Troxell	10:54.3	Dimond	118	04:21.1	62.8	03:38.1
20	55	Sterling Johnson	10:57.6	Chugiak	120	04:24.4	63.6	03:39.2
21	56	Rylan Koontz	11:17.1	Eagle River	133	04:43.9	68.5	03:45.7
22	55	Noah Wesley	12:21.6	Chugiak	151	05:48.4	84.5	04:07.2
23	55	Alakai Agalawatta	12:32.8	Chugiak	154	05:59.6	87.3	04:10.9
24	53	Gradi Kasekere	12:39.1	East	155	06:05.9	88.9	04:13.0
25	57	Collis Baumgartner	12:39.4	Dimond	156	06:06.2	88.9	04:13.1
26	53	Yzale Fleming	14:56.4	East	173	08:23.2	123.0	04:58.8
27	53	Deng Dobuol	16:31.3	East	177	09:58.1	146.6	05:30.4
28	53	K2 Kamuo	20:40.9	East	182	14:07.7	208.7	06:53.6

Regions Day 2 @ Kincaid

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Freestyle Race | 3 km | Host:

Place	Bib	Name	time	School	Overall	Time behind winner	Percent Out	Min/km
	Boys E							
1	36:42.1	South						
2	38:43.9	Service						
3	39:51.1	West High						
4	46:15.2	Eagle River						
5	52:59.7	Dimond						
1	59	Jasper Scorer	07:56.0	South	31	01:22.8	18.4	02:38.6
2	58	Samuel Stratton	08:56.9	Service	59	02:23.7	33.6	02:58.9
3	59	Jeremy Narus	09:10.6	South	63	02:37.4	37.0	03:03.5
4	60	Michah Lieb	09:13.5	West High	65	02:40.3	37.7	03:04.5
5	58	Talen Ramsey	09:37.8	Service	77	03:04.6	43.8	03:12.6
6	59	Garrett Roose	09:47.0	South	86	03:13.8	46.0	03:15.6
7	59	Zach Taylor	09:48.3	South	88	03:15.1	46.4	03:16.1
8	58	Levi Smith	09:49.2	Service	89	03:16.0	46.6	03:16.4
9	60	Zoltan Brown	10:05.0	West High	95	03:31.8	50.5	03:21.6
10	60	Elliot Olsen	10:10.6	West High	97	03:37.4	51.9	03:23.5
11	58	Griffin Christie	10:19.8	Service	102	03:46.6	54.2	03:26.6
12	60	Miles Price	10:21.9	West High	104	03:48.7	54.7	03:27.3
13	61	Andrew Deisseroth	10:36.1	Eagle River	111	04:02.9	58.3	03:32.0
14	61	James Balmer	11:29.4	Eagle River	136	04:56.2	71.5	03:49.7
15	62	William Chowning	11:36.1	Dimond	139	05:02.9	73.2	03:52.0
16	61	Aidan Lane	11:51.7	Eagle River	143	05:18.5	77.1	03:57.2
17	62	Ephraim Carlson	11:58.2	Dimond	146	05:25.0	78.7	03:59.4
18	61	Liam Tutrow	12:17.8	Eagle River	149	05:44.6	83.6	04:05.9
19	62	Andrew Clement	13:00.7	Dimond	161	06:27.5	94.2	04:20.2
20	62	Collin Hester	16:24.5	Dimond	175	09:51.3	144.9	05:28.1

Regions Day 2 @ Kincaid

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Freestyle Race | 3 km | Host:

Place	Bib	Name	time	School	Overall	Time behind winner	Percent Out	Min/km
	Boys F							
1	40:12.7	Service						
2	43:35.4	South						
3	54:18.0	Eagle River						
1	63	Lewis Knier	08:48.9	Service	55	02:15.7	31.6	02:56.3
2	64	Malachi Williamson	08:54.0	South	56	02:20.8	32.9	02:57.9
3	64	Joe Delong	09:18.2	South	68	02:45.0	38.9	03:06.0
4	63	William Dunker	09:38.4	Service	78	03:05.2	43.9	03:12.7
5	63	Wyatt Messelheiser	10:21.8	Service	103	03:48.6	54.7	03:27.2
6	65	Jackson Sartorello	11:02.8	West High	126	04:29.6	64.9	03:40.9
7	64	Apollos Saugier	11:11.9	South	131	04:38.7	67.2	03:43.9
8	63	Oliver Henry	11:23.4	Service	134	04:50.2	70.0	03:47.8
9	65	Kai Halliburton	11:44.8	West High	142	05:11.6	75.4	03:54.9
10	66	Denny Courtright	11:56.0	Eagle River	145	05:22.8	78.1	03:58.6
11	66	Anson Blocker	12:00.3	Eagle River	147	05:27.1	79.2	04:00.1
12	66	Noah Curry	13:42.1	Eagle River	168	07:08.9	104.5	04:34.0
13	64	Colin Torpy	14:11.2	South	170	07:38.0	111.8	04:43.7
14	66	Ace Ballesteros	16:39.5	Eagle River	179	10:06.3	148.7	05:33.1
15	65	Zander Berens Taylor	23:09.9	West High	183	16:36.7	245.8	07:43.3
	Boys G							
1	43:44.2	South						
2	46:06.3	Service						
3	47:51.5	West High						
1	67	James Hillhouse	08:47.3	Service	54	02:14.1	31.2	02:55.7
2	69	Nikko Thomas	10:35.7	West High	110	04:02.5	58.2	03:31.9
3	68	Connor Runty	10:37.5	South	112	04:04.3	58.6	03:32.4
4	68	Will Bryan	10:42.2	South	113	04:09.0	59.8	03:34.0
5	68	Orion Kendall	10:49.6	South	115	04:16.4	61.6	03:36.5
6	67	Robert Orell	11:01.6	Service	124	04:28.4	64.6	03:40.5
7	69	Sasha Koteff	11:27.9	West High	135	04:54.7	71.1	03:49.3
8	68	Henry Ward	11:34.6	South	138	05:01.4	72.8	03:51.5
9	69	Mead Lewis	12:52.1	West High	157	06:18.9	92.1	04:17.3
10	69	Caffrey Heyman	12:55.6	West High	158	06:22.4	93.0	04:18.5
11	67	Josiah Alsworth	13:02.6	Service	162	06:29.4	94.7	04:20.8
12	67	Landon Flint	13:14.7	Service	165	06:41.5	97.7	04:24.9

Regions Day 2 @ Kincaid

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Freestyle Race | 3 km | Host:

Place	Bib	Name	time	School	Overall	Time behind winner	Percent Out	Min/km
	Boys H							
1	45:36.4	South						
1	70	Noah Rodriguez	11:02.2	South	125	04:29.0	64.8	03:40.7
2	70	Oliver Rosier	11:10.3	South	129	04:37.1	66.8	03:43.4
3	70	Alexander Johnson	11:31.9	South	137	04:58.7	72.1	03:50.6
4	70	Cooper Hayden	11:51.8	South	144	05:18.6	77.1	03:57.2
	Boys I							
1	57:06.9	South						
1	72	Cole Allwardt	11:40.9	South	141	05:07.7	74.4	03:53.6
2	72	Conrad Sieling	12:19.3	South	150	05:46.1	83.9	04:06.4
3	72	Brennan Darling	16:24.7	South	176	09:51.5	145.0	05:28.2
4	72	Constantine Saugier	16:41.8	South	180	10:08.6	149.2	05:33.9
	Boys Open							
1	186	Murphy, Austin	09:19.0	South	69	02:45.8	39.1	03:06.3
2	188	Reed, Kai	10:19.6	South	101	03:46.4	54.2	03:26.5
3	196	Redfearn, Micah	10:51.1	Dimond	116	04:17.9	62.0	03:37.0
4	185	Bloom, Nathan	11:37.2	Chugiak	140	05:04.0	73.5	03:52.4
5	181	Delong, Joe	12:06.1	South	148	05:32.9	80.7	04:02.0
6	184	Zhang, Andy	12:28.5	Dimond	152	05:55.3	86.2	04:09.4
7	187	Scorer, Jasper	12:56.4	South	159	06:23.2	93.2	04:18.8
8	192	Zhang, Kevin	13:00.4	West High	160	06:27.2	94.2	04:20.1
9	199	Mackie, Noah	13:14.3	West High	164	06:41.1	97.6	04:24.7
10	190	Maenda, Elisha	13:23.7	East	166	06:50.5	100.0	04:27.9
11	197	Brown IV, Clinton	14:00.0	West High	169	07:26.8	109.0	04:40.0
12	182	Nickel, Adri	14:43.4	South	171	08:10.2	119.8	04:54.4
13	198	Dugal, Moses	14:45.2	West High	172	08:12.0	120.2	04:55.0
14	191	Groeschel, Stefan	15:55.7	West High	174	09:22.5	137.8	05:18.5
15	193	Mao, Maui	16:34.4	West High	178	10:01.2	147.4	05:31.4
16	194	Absaliamov, Nil	18:08.9	West High	181	11:35.7	170.9	06:02.9

Regions Day 2 @ Kincaid

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Freestyle Race | 3 km | Host:

Place	Bib	Name	time	School	Overall	Time behind winner	Percent Out	Min/km
	Girls A							
1	33:37.1	Service						
2	33:50.8	South						
3	37:40.2	West High						
4	37:55.0	East						
5	38:16.3	Chugiak						
6	38:25.6	Dimond						
7	43:15.0	Eagle River						
1	2	Mia Stiassny	08:10.8	South	1	0	-0.5	02:43.6
2	2	Alise Elliott	08:13.8	South	2	00:03.0	0.2	02:44.6
3	1	Miyana Kam-Magruder	08:14.5	Service	3	00:03.7	0.3	02:44.8
4	1	Talia Smith	08:15.7	Service	4	00:04.9	0.5	02:45.2
5	1	Reine Soule	08:23.8	Service	5	00:13.0	2.2	02:47.9
6	4	Olivia Soderstrom	08:34.5	West High	6	00:23.7	4.4	02:51.5
7	2	Elin Lunoe	08:38.4	South	7	00:27.6	5.1	02:52.8
8	1	Faith Harlamert	08:43.0	Service	8	00:32.2	6.1	02:54.3
9	5	Olivia Ronzio Pico	08:45.4	Chugiak	9	00:34.6	6.6	02:55.1
10	7	Mady Lowen	08:46.7	Dimond	10	00:35.9	6.8	02:55.5
11	2	Maya Tirpack	08:47.6	South	11	00:36.8	7.0	02:55.8
12	3	Beatrix Brogan	09:06.4	East	12	00:55.6	10.8	03:02.1
13	5	Hannah Stepetin	09:15.9	Chugiak	14	01:05.1	12.8	03:05.2
14	3	Abigail Howe	09:21.0	East	15	01:10.2	13.8	03:07.0
15	4	Amelia Bochenek	09:27.9	West High	16	01:17.1	15.2	03:09.3
16	3	Madeleine Lojewski	09:34.2	East	17	01:23.4	16.5	03:11.4
17	5	Hailey Colgrove	09:37.9	Chugiak	18	01:27.1	17.2	03:12.6
18	7	Gigi Leonetti	09:44.1	Dimond	19	01:33.3	18.5	03:14.7
19	4	Lilly Poray	09:45.1	West High	21	01:34.3	18.7	03:15.0
20	4	Parker Stephens	09:52.6	West High	23	01:41.8	20.2	03:17.5
21	3	Clara Robinson	09:53.3	East	24	01:42.5	20.3	03:17.7
22	7	Claire Hampton	09:57.0	Dimond	27	01:46.2	21.1	03:19.0
23	7	Kaiya Soldwedel	09:57.7	Dimond	28	01:46.9	21.2	03:19.2
24	6	Maddy Davignon	10:12.1	Eagle River	30	02:01.3	24.1	03:24.0
25	5	Olivia Sandoval	10:37.0	Chugiak	38	02:26.2	29.2	03:32.3
26	6	Helena Peterson	10:37.8	Eagle River	41	02:27.0	29.4	03:32.5
27	6	Kelsey Momblow	11:00.0	Eagle River	46	02:49.2	33.9	03:40.0
28	6	Anika Linstid	11:24.9	Eagle River	54	03:14.1	38.9	03:48.2

Regions Day 2 @ Kincaid

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Freestyle Race | 3 km | Host:

Place	Bib	Name	time	School	Overall	Time behind winner	Percent Out	Min/km
	Girls B							
1	40:12.8	South						
2	40:44.5	West High						
3	42:48.9	Service						
4	45:21.5	Chugiak						
5	47:04.5	East						
6	47:19.0	Barteltt						
7	49:12.5	Dimond						
8	49:47.8	Eagle River						
1	9	Lilian Coy	09:11.6	South	13	01:00.8	11.9	03:03.8
2	8	Margaret Hamel	09:44.8	Service	20	01:34.0	18.6	03:14.9
3	11	Hella Crosby	09:50.8	West High	22	01:40.0	19.8	03:16.9
4	11	Neve Hagenstein	09:53.3	West High	25	01:42.5	20.3	03:17.7
5	9	Duna Snedgen	09:53.3	South	26	01:42.5	20.3	03:17.7
6	11	Daisy Bass	10:07.3	West High	29	01:56.5	23.2	03:22.4
7	8	Ivory Sobek	10:18.6	Service	31	02:07.8	25.5	03:26.2
8	9	Ruby Wilman	10:32.9	South	33	02:22.1	28.4	03:30.9
9	13	Lynnae Beard	10:33.9	Chugiak	34	02:23.1	28.6	03:31.3
10	9	Mari Ward	10:35.0	South	35	02:24.2	28.8	03:31.6
11	15	Claire Saltzman	10:36.0	Dimond	37	02:25.2	29.0	03:32.0
12	10	Siera Chadwick	10:37.5	East	39	02:26.7	29.3	03:32.4
13	8	Annabel Uffenbeck	10:50.4	Service	42	02:39.6	31.9	03:36.7
14	11	Lily Betts	10:53.0	West High	44	02:42.2	32.4	03:37.6
15	13	Anna Burrup	11:14.7	Chugiak	47	03:03.9	36.8	03:44.9
16	12	Eiley Reid	11:17.2	Barteltt	49	03:06.4	37.4	03:45.7
17	14	Grace D'Amico	11:20.3	Eagle River	50	03:09.5	38.0	03:46.7
18	12	Josephine Lilly	11:29.2	Barteltt	56	03:18.4	39.8	03:49.7
19	10	Adele Hayes	11:44.2	East	58	03:33.4	42.8	03:54.7
20	13	Brooklyn Harty	11:46.0	Chugiak	60	03:35.2	43.2	03:55.3
21	13	Elliette Svencer	11:46.8	Chugiak	61	03:36.0	43.4	03:55.6
22	10	Aia Mowery	11:52.7	East	63	03:41.9	44.6	03:57.5
23	8	Nicole Dammeyer	11:55.0	Service	64	03:44.2	45.0	03:58.3
24	12	Charlotte Hemming	12:05.7	Barteltt	68	03:54.9	47.2	04:01.9
25	14	Rachael Floyd	12:18.6	Eagle River	70	04:07.8	49.8	04:06.2
26	15	Ada Carlson	12:22.5	Dimond	72	04:11.7	50.6	04:07.5
27	14	Katya Henderson	12:25.9	Eagle River	73	04:15.1	51.3	04:08.6
28	12	Sigrid Erikson	12:26.7	Barteltt	74	04:15.9	51.5	04:08.9
29	15	Zaylee Mullinax	12:35.1	Dimond	77	04:24.3	53.2	04:11.6
30	10	Makenna Offrirink	12:50.0	East	82	04:39.2	56.2	04:16.6
31	15	Cierra Norris	13:38.8	Dimond	91	05:28.0	66.1	04:32.9
32	14	Ellie Lang	13:42.9	Eagle River	93	05:32.1	66.9	04:34.2

Regions Day 2 @ Kincaid

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Freestyle Race | 3 km | Host:

Place	Bib	Name	time	School	Overall	Time behind winner	Percent Out	Min/km
	Girls C							
1	45:22.3	West High						
2	46:33.5	South						
3	49:52.5	Service						
4	51:20.2	Chugiak						
5	56:26.0	Dimond						
1	18	Amelia Kari	10:29.7	West High	32	02:18.9	27.7	03:29.9
2	17	Camilla Brown	10:35.4	South	36	02:24.6	28.9	03:31.8
3	18	Mallory Raun	11:16.7	West High	48	03:05.9	37.3	03:45.5
4	16	Margaret Adams	11:22.4	Service	51	03:11.6	38.4	03:47.4
5	19	Evelyn Galloway	11:23.0	Chugiak	52	03:12.2	38.5	03:47.6
6	17	Evelyn Percy	11:28.5	South	55	03:17.7	39.6	03:49.5
7	17	Rayna Williamson	11:35.0	South	57	03:24.2	41.0	03:51.6
8	18	Makenzie Patzke	11:44.9	West High	59	03:34.1	43.0	03:54.9
9	18	Claudia Rector	11:50.9	West High	62	03:40.1	44.2	03:56.9
10	16	Sophia Stechauner	12:04.4	Service	67	03:53.6	46.9	04:01.4
11	19	Joanna Sowards	12:41.2	Chugiak	79	04:30.4	54.4	04:13.7
12	20	Teagan Cleek	12:45.1	Dimond	80	04:34.3	55.2	04:15.0
13	20	Kaylin Kirkham	12:45.5	Dimond	81	04:34.7	55.3	04:15.1
14	17	Teal Flint	12:54.5	South	83	04:43.7	57.1	04:18.1
15	16	Zoe Alfalla	13:03.2	Service	86	04:52.4	58.9	04:21.0
16	16	Rosa Hoppe	13:22.3	Service	89	05:11.5	62.7	04:27.4
17	19	Solveig Alcaraz	13:27.9	Chugiak	90	05:17.1	63.9	04:29.3
18	19	Patricia Mosteller	13:48.0	Chugiak	94	05:37.2	67.9	04:36.0
19	20	Katelyn Behymer	14:41.2	Dimond	100	06:30.4	78.7	04:53.7
20	20	Anora Marshall	16:14.0	Dimond	108	08:03.2	97.6	05:24.6
	Girls D							
1	47:26.4	West High						
2	53:32.7	South						
3	57:07.1	Chugiak						
4	57:33.3	Barteltt						
5	59:43.1	Service						
6	1:01:16.3	East						
1	45	Ruby Price	10:37.5	West High	40	02:26.7	29.3	03:32.4
2	43	Adria Myers	10:51.3	South	43	02:40.5	32.1	03:37.0
3	46	Jazmin Tovar	10:56.7	Barteltt	45	02:45.9	33.2	03:38.9
4	45	Sage Price	11:55.3	West High	65	03:44.5	45.1	03:58.4
5	43	Harper Willman	12:01.2	South	66	03:50.4	46.3	04:00.4
6	45	Cornelia Van Wyck	12:16.6	West High	69	04:05.8	49.4	04:05.5
7	43	Lizzy Ekstrom	12:21.7	South	71	04:10.9	50.4	04:07.2
8	46	Emma Webb	12:31.9	Barteltt	76	04:21.1	52.5	04:10.6

Regions Day 2 @ Kincaid

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Freestyle Race | 3 km | Host:

Place	Bib	Name	time	School	Overall	Time behind winner	Percent Out	Min/km
9	45	Tegan Drury	12:36.9	West High	78	04:26.1	53.5	04:12.3
10	42	Valentina Sears	13:00.8	Service	85	04:50.0	58.4	04:20.2
11	47	Nina Runge	13:04.3	Chugiak	87	04:53.5	59.1	04:21.4
12	42	Alivia Kobelnyk	13:13.7	Service	88	05:02.9	61.0	04:24.5
13	44	Marianne Amspacker	14:01.1	East	95	05:50.3	70.6	04:40.3
14	47	Molly Temple	14:32.3	Chugiak	97	06:21.5	76.9	04:50.7
15	47	Cheryl Rupert	14:34.1	Chugiak	98	06:23.3	77.3	04:51.3
16	42	Marin Hilde	14:35.0	Service	99	06:24.2	77.5	04:51.6
17	47	Trinity Philbrick	14:56.3	Chugiak	101	06:45.5	81.8	04:58.7
18	44	Iris Harstad-Bell	15:29.1	East	102	07:18.3	88.4	05:09.7
19	44	Skyler James	15:32.4	East	103	07:21.6	89.1	05:10.8
20	44	Ariam Cantillo Garces	16:13.5	East	107	08:02.7	97.5	05:24.5
21	46	Jer Lao	16:52.6	Barteltt	109	08:41.8	105.4	05:37.5
22	46	Caeleigh Davis	17:11.9	Barteltt	111	09:01.1	109.3	05:43.9
23	43	Regan Manley	18:18.4	South	115	10:07.6	122.8	06:06.1
24	42	Alaina Johnson	18:53.6	Service	117	10:42.8	129.9	06:17.8
	Girls E							
1	49	Maggie Mullins	12:29.9	West High	75	04:19.1	52.1	04:09.9
2	49	Kyla Wade	12:58.9	West High	84	04:48.1	58.0	04:19.6
3	49	Ava Lance	16:00.6	West High	105	07:49.8	94.8	05:20.2
	Girls Open							
1	85	McBride, Molly	11:23.5	Dimond	53	03:12.7	38.6	03:47.8
2	92	Remley, Mina	13:38.8	Chugiak	92	05:28.0	66.1	04:32.9
3	82	Laird, Valerie	14:03.9	South	96	05:53.1	71.2	04:41.3
4	86	Sowards, Elizabeth	15:52.0	Chugiak	104	07:41.2	93.1	05:17.3
5	83	Allan, Sophie	16:01.9	South	106	07:51.1	95.1	05:20.6
6	81	Delong, Sammy-Kay	16:52.7	South	110	08:41.9	105.4	05:37.5
7	96	Baskin, Seattle	17:19.2	Eagle River	112	09:08.4	110.8	05:46.4
8	88	Schneider, Zoe	17:19.4	South	113	09:08.6	110.8	05:46.4
9	84	Choromenski, Ashley	18:06.7	South	114	09:55.9	120.4	06:02.2
10	79	Denno, Hao	18:41.6	Service	116	10:30.8	127.5	06:13.8
11	99	Simasko, Hazel	20:55.6	Chugiak	118	12:44.8	154.7	06:58.5
12	87	Welch, Taylor	24:02.4	South	119	15:51.6	192.6	08:00.8