

Regions Day 2 @ Kincaid

2/11/23

Freestyle Race

3.7 km;

Hosted by Dimond/NSAA

Place	Bib	Name	Time	School	Place Overall	Time behind winner	Percent Out	Min/km	Grade
# 1	43:47.8	West	Girls A						
	1	Meyers, Berit	10:45.4	West	3	00:11.8	0.9	02:54.4	
	1	Rodgers, Zoe	11:04.3	West	9	00:30.7	3.9	02:59.5	
	1	Sears, Piper	11:08.6	West	12	00:35.0	4.6	03:00.7	
	1	Legate, Sammy	10:49.3	West	4	00:15.7	1.5	02:55.4	
# 2	44:40.8	Service	Girls A						
	4	Soderstrom, Olivia	10:39.5	Service	2	00:05.9	0.0	02:52.8	
	4	Schumacher, Heidi	11:34.6	Service	16	01:01.0	8.6	03:07.7	
	4	Finch, Haley	11:53.0	Service	20	01:19.4	11.5	03:12.7	
	4	Schwartz, Meredith	10:33.6	Service	1	00:00.0	-0.9	02:51.2	
# 3	46:11.5	East	Girls A						
	2	Ireland, Marley	10:58.2	East	7	00:24.6	2.9	02:57.8	
	2	Rathert, Brynn	11:47.0	East	18	01:13.4	10.6	03:11.0	
	2	Thomas, Svea	12:21.2	East	27	01:47.6	15.9	03:20.3	
	2	Conway, Rosie	11:05.0	East	10	00:31.4	4.0	02:59.7	
# 4	46:19.9	Dimond	Girls A						
	3	Kam-Magruder, Amac	10:57.7	Dimond	6	00:24.1	2.8	02:57.7	
	3	Halsey, Anna	11:31.4	Dimond	15	00:57.8	8.1	03:06.8	
	3	Erickson, Emily	11:30.6	Dimond	14	00:57.0	8.0	03:06.6	
	3	MacLean, Gwendolyn	12:20.1	Dimond	26	01:46.5	15.7	03:20.0	
# 5	47:28.1	South	Girls A						
	5	Stiassny, Mia	10:57.4	South	5	00:23.8	2.8	02:57.6	
	5	Coy, Lilian	12:29.5	South	30	01:55.9	17.2	03:22.5	
	5	Miller, Robyn	11:58.1	South	21	01:24.5	12.3	03:14.0	
	5	Tirpack, Maya	12:02.9	South	23	01:29.3	13.0	03:15.3	
# 6	51:21.2	Chugiak	Girls A						
	6	Amundson, Kaliegh	11:48.3	Chugiak	19	01:14.7	10.8	03:11.4	
	6	Gavalya, Jillian	12:44.3	Chugiak	32	02:10.7	19.5	03:26.5	
	6	Stepetin, Hannah	13:17.7	Chugiak	38	02:44.1	24.7	03:35.5	
	6	Capozzi, Addison	13:30.7	Chugiak	42	02:57.1	26.8	03:39.1	
# 7	55:25.1	Eagle River	Girls A						
	7	Gray, Linnea	12:33.9	Eagle Rive	31	02:00.3	17.9	03:23.7	
	7	Walsh, Anita	13:43.3	Eagle Rive	46	03:09.7	28.7	03:42.5	
	7	Toole, Charlotte	14:23.9	Eagle Rive	59	03:50.3	35.1	03:53.4	
	7	Spencer, Timing	14:43.8	Eagle Rive	64	04:10.2	38.2	03:58.8	
# 1	45:04.7	West	Girls B						
	8	Dorris, Lauren	10:59.7	West	8	00:26.1	3.2	02:58.2	
	8	Littell, Merridy	11:08.0	West	11	00:34.4	4.5	03:00.5	
	8	Bochenek, Greta	11:22.1	West	13	00:48.5	6.7	03:04.3	
	8	stephens, parker	11:34.7	West	17	01:01.1	8.6	03:07.7	

Regions Day 2 @ Kincaid

2/11/23

Freestyle Race

3.7 km;

Hosted by Dimond/NSAA

Place	Bib	Name	Time	School	Place Overall	Time behind winner	Percent Out	Min/km	Grade
# 2	51:17.0	East		Girls B					
	9	Brogan, Beatrix	12:19.9	East	25	01:46.3	15.7	03:19.9	
	9	Howe, Abigail	12:13.3	East	24	01:39.7	14.7	03:18.1	
	9	Sivils, Maddie	13:19.0	East	39	02:45.4	24.9	03:35.9	
	9	Frydrychova, Magdala	13:24.6	East	40	02:51.0	25.8	03:37.4	
# 3	51:42.3	Service		Girls B					
	11	Lim, Alana	13:01.0	Service	35	02:27.4	22.1	03:31.0	
	11	Day, Talia	12:26.5	Service	29	01:52.9	16.7	03:21.7	
	11	Wilson, Keiko	13:15.7	Service	36	02:42.1	24.4	03:35.0	
	11	Richardson, Ruthie	12:59.0	Service	34	02:25.4	21.8	03:30.5	
# 4	54:51.9	South		Girls B					
	12	Matthews, Adele	12:26.2	South	28	01:52.6	16.7	03:21.6	
	12	Carroll, Tahlia	14:08.8	South	53	03:35.2	32.7	03:49.4	
	12	Kern, Gabby	14:46.3	South	67	04:12.7	38.6	03:59.5	
	12	Matthews, Elise	13:30.5	South	41	02:56.9	26.7	03:39.0	
# 5	55:40.9	Dimond		Girls B					
	10	Lowen, Madelin	13:17.3	Dimond	37	02:43.7	24.7	03:35.4	
	10	Gaskill, Lauren	13:35.0	Dimond	43	03:01.4	27.4	03:40.2	
	10	McBride, Molly	14:58.5	Dimond	72	04:24.9	40.5	04:02.8	
	10	Johnsen, Eden	13:50.0	Dimond	47	03:16.4	29.8	03:44.3	
# 6	59:41.3	Bartlett		Girls B					
	15	Chadwick, Haley	16:12.1	Bartlett	102	05:38.5	52.0	04:22.7	
	15	Chadwick, Sierra	14:54.1	Bartlett	69	04:20.5	39.8	04:01.6	
	15	Reid, Eiley	14:56.8	Bartlett	70	04:23.2	40.2	04:02.3	
	15	Bushman, Samantha	13:38.1	Bartlett	45	03:04.5	27.9	03:41.1	
# 7	59:50.2	Chugiak		Girls B					
	13	Eldridge, Addison	14:38.3	Chugiak	63	04:04.7	37.3	03:57.3	
	13	Bodkin, Hannah	15:00.5	Chugiak	74	04:26.9	40.8	04:03.3	
	13	Shaha, Hannah	14:29.5	Chugiak	61	03:55.9	36.0	03:55.0	
	13	Burrup, Ada	15:41.8	Chugiak	87	05:08.2	47.3	04:14.5	
# 8	1:03:52.4	Eagle River		Girls B					
	14	Dietz, Kylee	15:43.3	Eagle Rive	88	05:09.7	47.5	04:14.9	
	14	Lathrop, Moira	15:50.5	Eagle Rive	93	05:16.9	48.6	04:16.8	
	14	Miyauchi, Sawa	16:04.1	Eagle Rive	100	05:30.5	50.8	04:20.5	
	14	Mercer, Coral	16:14.3	Eagle Rive	103	05:40.7	52.4	04:23.3	
# 1	55:01.3	West		Girls C					
	16	Parr, Scarlett	12:01.6	West	22	01:28.0	12.8	03:15.0	
	16	Bland, Leah	13:57.7	West	49	03:24.1	31.0	03:46.4	
	16	Barnett, Kadence	14:44.5	West	65	04:10.9	38.3	03:59.0	
	16	Robinson, Ilsa	14:17.3	West	58	03:43.7	34.1	03:51.7	

Regions Day 2 @ Kincaid

2/11/23

Freestyle Race

3.7 km;

Hosted by Dimond/NSAA

Place	Bib	Name	Time	School	Place Overall	Time behind winner	Percent Out	Min/km	Grade
# 2	57:15.8	Dimond		Girls C					
	18	Saltzman, Claire	13:37.9	Dimond	44	03:04.3	27.9	03:41.0	
	18	Campbell, Avrey	14:04.6	Dimond	50	03:31.0	32.1	03:48.2	
	18	Paulson, Elli	15:21.0	Dimond	79	04:47.4	44.0	04:08.9	
	18	Randazzo, Sophia	14:12.2	Dimond	55	03:38.6	33.3	03:50.3	
# 3	58:16.2	East		Girls C					
	17	Bader, Natalie	12:57.1	East	33	02:23.5	21.5	03:30.0	
	17	Graziano, Fiora	14:50.1	East	68	04:16.5	39.2	04:00.5	
	17	Mowery, Wren	15:01.3	East	75	04:27.7	40.9	04:03.5	
	17	Robinson, Isabel	15:27.6	East	81	04:54.0	45.1	04:10.7	
# 4	58:37.1	Service		Girls C					
	19	Brandorff, Danika	14:05.8	Service	52	03:32.2	32.3	03:48.5	
	19	Maclean, Bronwyn	14:17.0	Service	57	03:43.4	34.0	03:51.6	
	19	Castillo, Maryah	14:46.2	Service	66	04:12.6	38.6	03:59.5	
	19	Hartman, Maire	15:28.0	Service	82	04:54.4	45.1	04:10.8	
# 5	1:00:56.1	Chugiak		Girls C					
	21	Macy, Allison	15:17.7	Chugiak	78	04:44.1	43.5	04:08.0	
	21	Harty, Skyler	15:34.0	Chugiak	85	05:00.4	46.1	04:12.4	
	21	Burrup, Olivia	15:30.6	Chugiak	83	04:57.0	45.5	04:11.5	
	21	Christenson, Katie	14:33.6	Chugiak	62	04:00.0	36.6	03:56.1	
# 6	1:02:44.7	South		Girls C					
	20	Anderson, Bella	16:03.5	South	99	05:29.9	50.7	04:20.4	
	20	Williamson, Rayna	15:31.0	South	84	04:57.4	45.6	04:11.6	
	20	Moon, Jocelyn	17:13.1	South	110	06:39.5	61.5	04:39.2	
	20	Haussner, Annika	13:57.0	South	48	03:23.4	30.9	03:46.2	
# 7	1:04:08.8	Eagle River		Girls C					
	22	Trembath, Ava	15:57.2	Eagle Rive	95	05:23.6	49.7	04:18.7	
	22	Storrs, Nikolai	15:44.4	Eagle Rive	89	05:10.8	47.7	04:15.2	
	22	Mann, Ashley	16:24.0	Eagle Rive	104	05:50.4	53.9	04:25.9	
	22	Lusk, Maryn	16:03.1	Eagle Rive	98	05:29.5	50.6	04:20.2	
# 8	1:10:10.9	Bartlett		Girls C					
	23	Wood, Gabriella	16:32.0	Bartlett	105	05:58.4	55.1	04:28.1	
	23	Chang-Wiege, Cammy	16:41.8	Bartlett	107	06:08.2	56.7	04:30.7	
	23	Dommek, Ellenia	21:51.5	Bartlett	138	11:17.9	105.1	05:54.4	
	23	Harley, Autumn	15:05.5	Bartlett	76	04:31.9	41.6	04:04.7	
# 1	59:34.3	Service		Girls D					
	27	Castillo, Ashley	14:59.0	Service	73	04:25.4	40.6	04:02.9	
	27	Gill-Anderson, Briann	14:57.9	Service	71	04:24.3	40.4	04:02.6	
	27	Lunoe, Eva	14:15.8	Service	56	03:42.2	33.8	03:51.2	
	27	Suoja, Anna	15:21.5	Service	80	04:47.9	44.1	04:09.0	

Regions Day 2 @ Kincaid

2/11/23

Freestyle Race

3.7 km;

Hosted by Dimond/NSAA

Place	Bib	Name	Time	School	Place Overall	Time behind winner	Percent Out	Min/km	Grade
# 2	59:49.8	West		Girls D					
	24	Hulse, Nora	14:10.6	West	54	03:37.0	33.0	03:49.8	
	24	Snyder, Iona	15:15.9	West	77	04:42.3	43.2	04:07.5	
	24	Blakey, Alexa	15:55.1	West	94	05:21.5	49.4	04:18.1	
	24	Smith, Ava	14:28.0	West	60	03:54.4	35.7	03:54.5	
# 3	1:17:21.2	Eagle River		Girls D					
	30	Henderson, Elsa	16:02.9	Eagle Rive	97	05:29.3	50.6	04:20.2	
	30	Powers, Hazel	19:10.4	Eagle Rive	123	08:36.8	79.9	05:10.9	
	30	Pinneta, Elianna	20:33.0	Eagle Rive	132	09:59.4	92.8	05:33.2	
	30	Valenote, Livia	21:34.8	Eagle Rive	137	11:01.2	102.5	05:49.9	
# 4	1:17:51.0	Chugiak		Girls D					
	29	Rivard, Leah	17:41.0	Chugiak	113	07:07.4	65.9	04:46.7	
	29	Hulse, Caitlin	23:16.4	Chugiak	143	12:42.8	118.4	06:17.4	
	29	Johnson, Alana	19:45.8	Chugiak	126	09:12.2	85.4	05:20.4	
	29	Silkknitter, Ella	17:07.7	Chugiak	109	06:34.1	60.7	04:37.7	
# 5	1:19:32.1	East		Girls D					
	25	Cordesius, Amber	15:49.2	East	92	05:15.6	48.4	04:16.5	
	25	Lowe, Naomi	18:24.8	East	118	07:51.2	72.8	04:58.5	
	25	Hamazaki, Emi	27:07.6	East	146	16:34.0	154.5	07:19.8	
	25	Offrink, Thea	18:10.4	East	115	07:36.8	70.5	04:54.7	
# 6	1:21:13.5	South		Girls D					
	28	Edwards, Sarah	17:23.4	South	112	06:49.8	63.2	04:42.0	
	28	Kagerer, Kristina	23:05.7	South	142	12:32.1	116.7	06:14.5	
	28	Zahn, Sara	21:20.5	South	136	10:46.9	100.2	05:46.0	
	28	Hammatt, Amaya	19:23.7	South	124	08:50.1	82.0	05:14.5	
	Incomplete	Dimond		Girls D					
	26	Milne, Kyla	14:04.9	Dimond	51	03:31.3	32.1	03:48.3	
	26	Norris, Cierra	16:36.5	Dimond	106	06:02.9	55.8	04:29.3	
# 1	1:04:23.7	West		Girls E					
	31	Mitchell, Maggie	15:58.5	West	96	05:24.9	49.9	04:19.0	
	31	Rector, Claudia	15:46.8	West	90	05:13.2	48.1	04:15.8	
	31	Walsted, Whitney	15:40.9	West	86	05:07.3	47.1	04:14.2	
	31	Shein, Victoria	16:57.2	West	108	06:23.6	59.1	04:34.9	
# 2	1:16:57.1	East		Girls E					
	32	Bader, Sadie	15:46.9	East	91	05:13.3	48.1	04:15.9	
	32	Wright, Amanda	19:08.6	East	121	08:35.0	79.6	05:10.4	
	32	Ozcan, Defne	21:15.2	East	135	10:41.6	99.4	05:44.6	
	32	Rigby, Harper	20:46.3	East	133	10:12.7	94.9	05:36.8	
	Incomplete	South		Girls E					
	34	Bitters-Schwarz, Victo	20:21.3	South	130	09:47.7	91.0	05:30.0	
	34	Felton, Faith	19:49.7	South	127	09:16.1	86.0	05:21.5	
	34	Anderson, Cora	19:09.3	South	122	08:35.7	79.7	05:10.6	

Regions Day 2 @ Kincaid

Freestyle Race

3.7 km;

2/11/23

Hosted by Dimond/NSAA

Place	Bib	Name	Time	School	Place Overall	Time behind winner	Percent Out	Min/km	Grade
# 1	1:27:31.8	Service		Girls F					
	37	Bell, Mika	18:20.7	Service	116	07:47.1	72.1	04:57.4	
	37	Hippler, Rosalie	19:37.3	Service	125	09:03.7	84.1	05:18.1	
	37	Hoppe, Clara	21:08.7	Service	134	10:35.1	98.4	05:42.8	
	37	Showalter, Luciana	28:24.9	Service	147	17:51.3	166.6	07:40.7	
Incomplete	West			Girls F					
	36	Montesano, Iris	17:17.0	West	111	06:43.4	62.2	04:40.2	
	36	Haney, Lena	16:09.4	West	101	05:35.8	51.6	04:22.0	
	36	Mike, Lana	20:17.7	West	129	09:44.1	90.4	05:29.1	
Incomplete	West			Girls G					
	38	Johnson, Alaina	18:46.1	Service	120	08:12.5	76.1	05:04.3	
	38	Pereira, Catarina	18:21.7	Service	117	07:48.1	72.3	04:57.7	
	38	Veronese, Irene	31:34.7	Service	148	21:01.1	196.3	08:32.0	

Regions Day 2 @ Kincaid

2/11/23

Freestyle Race

3.7 km;

Hosted by Dimond/NSAA

Place	Bib	Name	Time	School	Place Overall	Time behind winner	Percent Out	Min/km	Grade
# 1	35:12.5	West	Boys A						
	39	Menkens, Hatcher	08:42.2	West	4	00:04.8	0.6	02:21.1	
	39	Hanley, Blake	08:37.4	West	1	00:00.0	-0.3	02:19.8	
	39	Chisholm, Liam	08:52.3	West	6	00:14.9	2.5	02:23.8	
	39	Kimball, Murphy	09:00.6	West	10	00:23.2	4.1	02:26.1	
# 2	35:33.8	Service	Boys A						
	40	Lucas, Justin	08:40.1	Service	2	00:02.7	0.2	02:20.5	
	40	Power, Aaron	08:40.1	Service	3	00:02.7	0.2	02:20.5	
	40	Flora, Oskar	09:16.0	Service	16	00:38.6	7.1	02:30.2	
	40	Soule, Elias	08:57.5	Service	9	00:20.1	3.5	02:25.2	
# 3	37:01.3	South	Boys A						
	41	Miller, Nolan	09:38.0	South	24	01:00.6	11.3	02:36.2	
	41	Fischer, Kyle	09:19.9	South	18	00:42.5	7.8	02:31.3	
	41	Flagstad, Vebjorn	09:09.9	South	13	00:32.5	5.9	02:28.6	
	41	Young, Owen	08:53.3	South	7	00:15.9	2.7	02:24.1	
# 4	39:37.4	Dimond	Boys A						
	42	Kam-Magruder, Noa	09:13.3	Dimond	15	00:35.9	6.6	02:29.5	
	42	Johnson, Jacob	10:00.7	Dimond	31	01:23.3	15.7	02:42.3	
	42	Saltzman, Owen	09:46.3	Dimond	28	01:08.9	12.9	02:38.4	
	42	Glover, Alexander	10:37.0	Dimond	49	01:59.6	22.7	02:52.1	
# 5	39:49.2	East	Boys A						
	43	Howe, Ethan	09:25.6	East	19	00:48.2	8.9	02:32.8	
	43	Numme-Worrell, Miles	09:30.8	East	21	00:53.4	9.9	02:34.2	
	43	Battreall, Walker	10:08.6	East	32	01:31.2	17.2	02:44.4	
	43	Herda, Bryce	10:44.1	East	55	02:06.7	24.1	02:54.0	
# 6	42:16.3	Eagle River	Boys A						
	45	Michener, Henry	10:34.1	Eagle Rive	44	01:56.7	22.1	02:51.3	
	45	Molloy, Jack	10:31.8	Eagle Rive	40	01:54.4	21.7	02:50.7	
	45	Vedros, Keenan	10:42.6	Eagle Rive	53	02:05.2	23.8	02:53.6	
	45	Toole, Dean	10:27.6	Eagle Rive	38	01:50.2	20.9	02:49.6	
# 7	42:40.0	Chugiak	Boys A						
	44	Weatherby, Brian	10:31.6	Chugiak	39	01:54.2	21.6	02:50.7	
	44	Allwright, Rylan	10:34.6	Chugiak	45	01:57.2	22.2	02:51.5	
	44	Urbanus, Ryan	11:18.2	Chugiak	70	02:40.8	30.6	03:03.2	
	44	Lammers, Eli	10:15.5	Chugiak	34	01:38.1	18.5	02:46.3	
# 1	36:11.0	West	Boys B						
	46	Eski, Ethan	08:49.2	West	5	00:11.8	1.9	02:23.0	
	46	Flowers, Cole	08:53.4	West	8	00:16.0	2.7	02:24.1	
	46	Wright, Oliver	09:18.6	West	17	00:41.2	7.6	02:30.9	
	46	Eggener, Mark	09:09.7	West	12	00:32.3	5.9	02:28.5	

Regions Day 2 @ Kincaid

2/11/23

Freestyle Race

3.7 km;

Hosted by Dimond/NSAA

Place	Bib	Name	Time	School	Place Overall	Time behind winner	Percent Out	Min/km	Grade
# 2	37:22.1	Service	Boys B						
	47	Oswald, Elias	09:10.7	Service	14	00:33.3	6.1	02:28.8	
	47	Amy, Skyler	09:08.6	Service	11	00:31.2	5.7	02:28.2	
	47	Cuddy, Logan	09:36.0	Service	23	00:58.6	10.9	02:35.6	
	47	Hlasny, Paul	09:26.6	Service	20	00:49.2	9.1	02:33.1	
# 3	41:39.4	South	Boys B						
	48	Jones, Erik	10:33.7	South	43	01:56.3	22.1	02:51.2	
	48	Harth, Owen	10:18.6	South	36	01:41.2	19.1	02:47.1	
	48	Ruckel, Cedar	10:35.0	South	46	01:57.6	22.3	02:51.6	
	48	Stanek-Alward, Grays	10:12.0	South	33	01:34.6	17.9	02:45.4	
# 4	43:28.9	Dimond	Boys B						
	49	Cvancara, Paul	11:12.1	Dimond	67	02:34.7	29.4	03:01.6	
	49	Erickson, Thomas	10:24.1	Dimond	37	01:46.7	20.2	02:48.6	
	49	McGinley, Drake	10:38.4	Dimond	52	02:01.0	23.0	02:52.5	
	49	Cvancara, Creed	11:14.1	Dimond	68	02:36.7	29.8	03:02.1	
# 5	44:34.0	Eagle River	Boys B						
	52	Vanderlugt, Ben	10:37.2	Eagle Rive	50	01:59.8	22.7	02:52.2	
	52	Clinglingsmith, Gabrie	11:25.6	Eagle Rive	77	02:48.2	32.0	03:05.2	
	52	Yadao, Matthew	11:48.0	Eagle Rive	84	03:10.6	36.4	03:11.3	
	52	Vanderlugt, Nathan	10:43.1	Eagle Rive	54	02:05.7	23.9	02:53.8	
# 6	45:16.3	Chugiak	Boys B						
	51	Martin, Simon	11:20.5	Chugiak	73	02:43.1	31.1	03:03.9	
	51	Gracie, Griffin	10:45.5	Chugiak	57	02:08.1	24.3	02:54.4	
	51	Cok, Nolan	11:50.3	Chugiak	85	03:12.9	36.8	03:11.9	
	51	Galloway, Kohen	11:19.8	Chugiak	72	02:42.4	30.9	03:03.7	
# 7	51:57.1	Bartlett	Boys B						
	53	Paskin, Samuel	13:20.1	Bartlett	129	04:42.7	54.1	03:36.2	
	53	Cosper, Trivette	13:14.8	Bartlett	126	04:37.4	53.1	03:34.8	
	53	Hiett, Porter	13:14.7	Bartlett	125	04:37.3	53.1	03:34.7	
	53	Reid, Holten	12:07.4	Bartlett	94	03:30.0	40.1	03:16.5	
# 8	57:17.7	East	Boys B						
	50	LeCrone, Gareth	12:01.1	East	92	03:23.7	38.9	03:14.8	
	50	Lovejoy, Owen	10:59.4	East	61	02:22.0	27.0	02:58.2	
	50	Albertson, Liam	12:22.5	East	101	03:45.1	43.0	03:20.6	
	50	Ramirez, Julio	21:54.6	East	185	13:17.2	153.2	05:55.2	
# 1	38:56.0	Service	Boys C						
	55	Lohuis, John	09:45.7	Service	27	01:08.3	12.8	02:38.2	
	55	Autrey, Dylan	09:34.2	Service	22	00:56.8	10.6	02:35.1	
	55	Watson, Elias	09:42.5	Service	25	01:05.1	12.2	02:37.4	
	55	Simono, James	09:53.5	Service	30	01:16.1	14.3	02:40.4	

Regions Day 2 @ Kincaid

2/11/23

Freestyle Race

3.7 km;

Hosted by Dimond/NSAA

Place	Bib	Name	Time	School	Place Overall	Time behind winner	Percent Out	Min/km	Grade
# 2	40:56.2	West	Boys C						
	54	Bold, Finley	09:43.2	West	26	01:05.8	12.3	02:37.6	
	54	Silba, Merik	09:50.5	West	29	01:13.1	13.7	02:39.5	
	54	Garton-Barendregt, E	10:38.1	West	51	02:00.7	22.9	02:52.4	
	54	Goltz, Benjamin	10:44.2	West	56	02:06.8	24.1	02:54.1	
# 3	45:00.1	South	Boys C						
	56	Kohler, Zach	11:25.6	South	78	02:48.2	32.0	03:05.2	
	56	Zellmer, Eli	10:36.8	South	48	01:59.4	22.7	02:52.1	
	56	Card, Mason	11:16.3	South	69	02:38.9	30.3	03:02.7	
	56	Martinez, Charlie	11:41.1	South	82	03:03.7	35.0	03:09.4	
# 4	47:08.1	Eagle River	Boys C						
	60	Borchardt, Damien	11:24.8	Eagle Rive	76	02:47.4	31.9	03:05.0	
	60	Eule, Grady	11:12.0	Eagle Rive	66	02:34.6	29.4	03:01.6	
	60	Mercer, Rox	12:32.8	Eagle Rive	106	03:55.4	45.0	03:23.4	
	60	Watson, Matthew	11:58.4	Eagle Rive	90	03:21.0	38.4	03:14.1	
# 5	48:39.3	Dimond	Boys C						
	57	Stamberg, Dawson	12:01.8	Dimond	93	03:24.4	39.0	03:15.0	
	57	McGinley, Cade	11:21.1	Dimond	74	02:43.7	31.2	03:04.0	
	57	Scheid, Enzo	12:24.3	Dimond	103	03:46.9	43.4	03:21.1	
	57	Troxell, Carter	12:52.0	Dimond	117	04:14.6	48.7	03:28.6	
# 6	48:39.3	East	Boys C						
	58	Schweizer, Lucas	12:08.4	East	96	03:31.0	40.3	03:16.8	
	58	Hall, Griffin	11:39.1	East	81	03:01.7	34.6	03:08.9	
	58	Clarke, Ethan	12:08.9	East	97	03:31.5	40.4	03:17.0	
	58	Briggs, Soren	12:42.8	East	110	04:05.4	46.9	03:26.1	
# 7	49:05.8	Chugiak	Boys C						
	59	Christenson, Lane	12:44.6	Chugiak	111	04:07.2	47.3	03:26.6	
	59	Callahan, Vassar	12:08.0	Chugiak	95	03:30.6	40.2	03:16.7	
	59	Johnson, Robert	12:48.8	Chugiak	113	04:11.4	48.1	03:27.7	
	59	Cryder, Samuel	11:24.1	Chugiak	75	02:46.7	31.8	03:04.8	
# 1	42:56.3	Service	Boys D						
	62	Richardson, Maxwell	10:35.2	Service	47	01:57.8	22.3	02:51.6	
	62	Crawford, North	10:33.6	Service	42	01:56.2	22.0	02:51.2	
	62	Lim, Jevin	11:00.6	Service	63	02:23.2	27.2	02:58.5	
	62	Kuijper, Grady	10:46.8	Service	58	02:09.4	24.6	02:54.8	
# 2	44:59.9	West	Boys D						
	61	Rhodes, Ruben	10:16.0	West	35	01:38.6	18.6	02:46.4	
	61	Crowley, Caedmon	11:09.4	West	65	02:32.0	28.9	03:00.9	
	61	Erickson, Maximilian	11:52.2	West	87	03:14.8	37.2	03:12.4	
	61	Dudley, Liam	11:42.2	West	83	03:04.8	35.2	03:09.7	

Regions Day 2 @ Kincaid

2/11/23

Freestyle Race

3.7 km;

Hosted by Dimond/NSAA

Place	Bib	Name	Time	School	Place Overall	Time behind winner	Percent Out	Min/km	Grade
# 3	49:35.8	Dimond	Boys D						
	64	Jackson, Jarrett	11:25.9	Dimond	79	02:48.5	32.1	03:05.3	
	64	Gaskill, Luke	12:34.3	Dimond	107	03:56.9	45.3	03:23.8	
	64	Glover, Nicholas	12:45.0	Dimond	112	04:07.6	47.3	03:26.7	
	64	Bell, Jacob	12:50.5	Dimond	114	04:13.1	48.4	03:28.2	
# 4	51:45.6	South	Boys D						
	63	Melocik, Grayson	11:18.2	South	71	02:40.8	30.6	03:03.2	
	63	Petrone, Haden	13:17.4	South	128	04:40.0	53.6	03:35.5	
	63	Jones, Clark	13:58.0	South	144	05:20.6	61.4	03:46.4	
	63	Hinks, Rufus	13:11.7	South	124	04:34.3	52.5	03:33.9	
# 5	51:50.5	Eagle River	Boys D						
	67	Moreau, Gabriel	13:05.5	Eagle Rive	121	04:28.1	51.3	03:32.2	
	67	Lang, Sam	13:04.2	Eagle Rive	120	04:26.8	51.0	03:31.9	
	67	Mercer, Bair	13:10.3	Eagle Rive	123	04:32.9	52.2	03:33.5	
	67	Shaw, Luke	12:30.3	Eagle Rive	104	03:52.9	44.5	03:22.7	
# 6	55:04.4	Chugiak	Boys D						
	66	Luna, Dylan	12:12.7	Chugiak	100	03:35.3	41.1	03:18.0	
	66	Yamagishi, Aoi	14:49.3	Chugiak	152	06:11.9	71.3	04:00.3	
	66	Ivary, Miles	13:49.8	Chugiak	140	05:12.4	59.8	03:44.2	
	66	Hiraishi, Hiroki	14:12.4	Chugiak	146	05:35.0	64.2	03:50.3	
# 7	1:01:43.4	East	Boys D						
	65	Holtz, Luc	12:23.5	East	102	03:46.1	43.2	03:20.9	
	65	Seater, Dersu	13:23.3	East	130	04:45.9	54.7	03:37.1	
	65	Couvillon, Henry	24:59.0	East	187	16:21.6	188.7	06:45.1	
	65	Burns, Finnegan	10:57.4	East	59	02:20.0	26.6	02:57.6	
# 1	45:16.5	Service	Boys E						
	69	Smith, Hatcher	10:32.6	Service	41	01:55.2	21.8	02:50.9	
	69	Moore, Springer	11:00.2	Service	62	02:22.8	27.2	02:58.4	
	69	Watkins, Andrew	11:53.1	Service	88	03:15.7	37.3	03:12.7	
	69	Amy, Dylan	11:50.5	Service	86	03:13.1	36.8	03:12.0	
# 2	46:15.2	West	Boys E						
	68	Mellerstig, Alexander	11:05.7	West	64	02:28.3	28.2	02:59.9	
	68	O'Brien-Holen, Ruari	10:59.3	West	60	02:21.9	27.0	02:58.1	
	68	Strauss, Benjamin	12:11.0	West	99	03:33.6	40.8	03:17.5	
	68	Barber, McCarthy	11:59.1	West	91	03:21.7	38.5	03:14.3	
# 3	53:47.8	South	Boys E						
	70	Taylor, Zachary	13:36.5	South	137	04:59.1	57.3	03:40.6	
	70	Kern, Hiram	12:59.3	South	119	04:21.9	50.1	03:30.6	
	70	Penamora, Ray	13:31.0	South	132	04:53.6	56.2	03:39.1	
	70	Wedeking, Brodie	13:40.9	South	138	05:03.5	58.1	03:41.8	

Regions Day 2 @ Kincaid

2/11/23

Freestyle Race

3.7 km;

Hosted by Dimond/NSAA

Place	Bib	Name	Time	School	Place Overall	Time behind winner	Percent Out	Min/km	Grade
# 4	54:25.9	Dimond	Boys E						
	71	Lowry, Scott	12:34.6	Dimond	108	03:57.2	45.3	03:23.9	
	71	Gaither, Max	13:43.3	Dimond	139	05:05.9	58.6	03:42.5	
	71	Redfearn, Micah	13:33.6	Dimond	136	04:56.2	56.7	03:39.8	
	71	Carpenter, Spencer	14:34.2	Dimond	151	05:56.8	68.4	03:56.2	
# 5	58:55.9	Eagle River	Boys E						
	74	Russian, Conner	15:07.3	Eagle Rive	157	06:29.9	74.7	04:05.2	
	74	Eule, Christopher	14:18.5	Eagle Rive	149	05:41.1	65.4	03:52.0	
	74	Hegna, Colton	13:49.9	Eagle Rive	141	05:12.5	59.8	03:44.2	
	74	Kukuk, Aiden	15:39.9	Eagle Rive	162	07:02.5	81.0	04:14.0	
# 6	1:15:30.4	Chugiak	Boys E						
	73	Cook, Houston	13:55.2	Chugiak	142	05:17.8	60.9	03:45.7	
	73	Fleetwood, Ethan	28:34.1	Chugiak	191	19:56.7	230.1	07:43.2	
	73	Spackman, Spencer	17:47.3	Chugiak	177	09:09.9	105.6	04:48.4	
	73	Lee, Aiden	15:13.6	Chugiak	158	06:36.2	76.0	04:06.9	
	Incomplete	East	Boys E						
	72	Church, Jackson	15:24.5	East	161	06:47.1	78.1	04:09.8	
	72	Goldhahn, Henning	19:56.4	East	183	11:19.0	130.4	05:23.3	
	72	Smith, Kelton	16:49.2	East	170	08:11.8	94.4	04:32.7	
# 1	54:32.0	West	Boys F						
	75	Reed, Kai	12:50.8	West	115	04:13.4	48.5	03:28.3	
	75	Kirchner, Markus	12:53.8	West	118	04:16.4	49.0	03:29.1	
	75	Menendez, Carlos	13:56.1	West	143	05:18.7	61.0	03:45.9	
	75	Walsted, Christian	14:51.2	West	153	06:13.8	71.6	04:00.8	
# 2	1:01:27.6	Service	Boys F						
	76	Witter, Kellan	12:30.6	Service	105	03:53.2	44.6	03:22.8	
	76	Watson, Levi	11:57.3	Service	89	03:19.9	38.2	03:13.8	
	76	Alfalla, Elvis	14:18.0	Service	148	05:40.6	65.3	03:51.8	
	76	Padgett, Alan	22:41.6	Service	186	14:04.2	162.2	06:08.0	
# 3	1:03:11.5	Dimond	Boys F						
	78	Lemmons, Eric	13:16.2	Dimond	127	04:38.8	53.4	03:35.1	
	78	Baumgartner, Demya	16:59.0	Dimond	171	08:21.6	96.3	04:35.4	
	78	Alfano, Dominic	17:10.4	Dimond	173	08:33.0	98.5	04:38.4	
	78	Dietsch, Michael	15:45.8	Dimond	164	07:08.4	82.2	04:15.6	
# 4	1:10:55.7	Eagle River	Boys F						
	80	Payne, Atlas	12:40.6	Eagle Rive	109	04:03.2	46.5	03:25.5	
	80	Baltz, Jacob	15:46.4	Eagle Rive	165	07:09.0	82.3	04:15.7	
	80	Dyrenforth, Sam	15:42.5	Eagle Rive	163	07:05.1	81.5	04:14.7	
	80	Donley, Dalton	26:46.0	Eagle Rive	190	18:08.6	209.3	07:14.0	
# 5	1:19:49.2	South	Boys F						
	77	Schneider, Elias	15:02.3	South	155	06:24.9	73.8	04:03.8	
	77	Freeman, Jaxon	15:20.4	South	160	06:43.0	77.3	04:08.7	
	77	Northcott, Thomas	32:54.2	South	192	24:16.8	280.2	08:53.5	
	77	Narus, Jeremy	16:32.2	South	169	07:54.8	91.1	04:28.1	

Regions Day 2 @ Kincaid

2/11/23

Freestyle Race

3.7 km;

Hosted by Dimond/NSAA

Place	Bib	Name	Time	School	Place Overall	Time behind winner	Percent Out	Min/km	Grade
Incomplete		Chugiak	Boys F						
	79	Bloom, Nathan	15:04.5	Chugiak	156	06:27.1	74.2	04:04.4	
	79	Morgan, Kai	13:32.5	Chugiak	135	04:55.1	56.5	03:39.5	
	79	Urbanus, Colin	11:26.2	Chugiak	80	02:48.8	32.2	03:05.4	
# 1	54:16.9	West	Boys G						
	81	Bittner, Nicholas	13:31.5	West	133	04:54.1	56.3	03:39.3	
	81	Cook, McKinley	14:21.9	West	150	05:44.5	66.0	03:52.9	
	81	Price, Lewis	12:51.7	West	116	04:14.3	48.6	03:28.5	
	81	Walsted, Marcus	13:31.6	West	134	04:54.2	56.3	03:39.3	
# 2	58:53.9	Service	Boys G						
	82	Lunoe, Lars	13:25.8	Service	131	04:48.4	55.2	03:37.7	
	82	Posanka, Rory	13:06.4	Service	122	04:29.0	51.5	03:32.5	
	82	Smith, Levi	15:02.1	Service	154	06:24.7	73.7	04:03.8	
	82	Donner, Gabriel	17:19.4	Service	174	08:42.0	100.2	04:40.9	
Incomplete		South	Boys G						
	83	Bales, Zaeden	19:03.7	South	179	10:26.3	120.3	05:09.1	
	83	Johnston, Nick	15:51.6	South	166	07:14.2	83.3	04:17.1	
	83	Cook, Christopher	19:18.4	South	180	10:41.0	123.1	05:13.0	
Incomplete		Eagle River	Boys G						
	84	Momblow, Nathan	14:14.9	Eagle Rive	147	05:37.5	64.7	03:51.0	
	84	VanArsdale, Simon	16:12.4	Eagle Rive	167	07:35.0	87.3	04:22.8	
	84	Damian, Marco	25:03.1	Eagle Rive	188	16:25.7	189.5	06:46.2	

Regions Day 2 @ Kincaid

2/11/23

Freestyle Race

3.7 km;

Hosted by Dimond/NSAA

Place	Bib	Name	Time	School	Place Overall	Time behind winner	Percent Out	Min/km	Grade
1	1:24:59.2	West							
									Girls Open
2	Incomplete	Bartlett							Girls Open
2	Incomplete	Chugiak							Girls Open
2	Incomplete	Dimond							Girls Open
2	Incomplete	Eagle River							Girls Open
	235	Metzger, Jenna	18:08.9	Eagle Rive	114	07:35.3	70.3	04:54.2	
	203	Raun, Mallory	18:39.5	West	119	08:05.9	75.1	05:02.5	
	202	Beri, Guira	20:14.6	West	128	09:41.0	89.9	05:28.2	
	212	Dunlap, Ella	20:22.1	Bartlett	131	09:48.5	91.1	05:30.2	
	209	Clayton-Brunelle, Emi	22:13.9	Dimond	139	11:40.3	108.6	06:00.5	
	206	Allen, Arabella	23:01.4	West	140	12:27.8	116.0	06:13.3	
	207	Wade, Kara	23:03.7	West	141	12:30.1	116.4	06:13.9	
	205	Carles, Aitana	24:29.7	West	144	13:56.1	129.8	06:37.2	
	210	Lopez Arostegui, Adri	25:25.2	Dimond	145	14:51.6	138.5	06:52.2	
	236	Rappelye, Lucy	38:30.7	Chugiak	149	27:57.1	261.3	10:24.5	

1	1:01:13.4	West							
									Boys Open
2	Incomplete	Bartlett							Boys Open
2	Incomplete	Dimond							Boys Open
2	Incomplete	East							Boys Open
	215	Walsted, Marcus	12:10.9	West	98	03:33.5	40.8	03:17.5	
	232	Strachan, Vincent	14:00.8	Bartlett	145	05:23.4	61.9	03:47.2	
	216	Boots, Jack	15:14.6	West	159	06:37.2	76.2	04:07.1	
	218	Martich, Sam	16:21.6	West	168	07:44.2	89.1	04:25.2	
	225	Perez, Raul	17:05.8	Dimond	172	08:28.4	97.6	04:37.2	
	217	Eski, Luca	17:26.3	West	175	08:48.9	101.5	04:42.7	
	214	Bennett, Harrison	17:42.2	West	176	09:04.8	104.6	04:47.0	
	227	Sears, David	17:51.7	Dimond	178	09:14.3	106.4	04:49.6	
	229	Jemison, Christopher	19:34.9	East	181	10:57.5	126.3	05:17.5	
	220	King, Alden	19:51.1	West	182	11:13.7	129.4	05:21.9	
	231	Estrada, Alden	20:41.8	East	184	12:04.4	139.2	05:35.6	
	230	Senevirathne, Udith	26:16.6	East	189	17:39.2	203.7	07:06.1	