

**Middle School #3
Kincaid, Wed. 15 Feb 2023
Mixed Relay**

*Lap 1 Classic Red Boy
Lap 2 Classic Green Girl
Lap 3 Freestyle Yellow Boy
Lap 4 Freestyle Blue Girl*

**CLASSIC
1.7k**

*longer loop
for A teams
2.2k*

**FREESTYLE
1.9k**

**6:00 - Open Boys (1 lap classic)
6:10 - Open Girls (1 lap classic)
6:20 - Scramble Teams (4 laps)
6:50 - B teams (4 laps)
7:20 - A teams (4 laps)**

**Host Schools:
Mears & Winterberry**

